

## REGISTRATION FORM

The West Virginia Institute  
For Spirituality

On-Going Associate Program For  
Spiritual Directors

Circle One:

Miss Mrs. Sr. Mr. Rev. Bro.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City State Zip Code

Occupation: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Office Phone: \_\_\_\_\_

Fax Number: \_\_\_\_\_

Email: \_\_\_\_\_

### RETURN TO:

Sr. Carole Riley, C.D.P., Ph.D.

Executive Director

The West Virginia Institute  
For Spirituality

1601 Virginia Street, East  
Charleston, WV 25311

Phone: (304) 345-0926

Fax: (304) 345-8206

## *Spiritual Direction Training*

Criteria for Certification by The West Virginia  
Institute For Spirituality as Spiritual Directors

- 1) Completion of the training program.
- 2) Demonstration of aptitude and readiness for the ministry; especially:
  - a) Understanding of spiritual direction, theoretically and practically.
  - b) Skill and listening, responding, discerning.
  - c) Understanding of the spiritual life as it is lived.
  - d) Demonstration of a basic knowledge:
    - e) i) Theology
    - ii) Scripture
    - iii) Psychology
- 3) 100-150 hours of actual directing experience which is supervised by one of the staff or by a person recognized by the staff.
- 4) 75-120 hours of experience of being supervised (including both group and individual supervision) with appropriate written materials.
- 5) Written request for Certification, including a brief description of:
  - a) One's recognized skills and aptitudes for the ministry.
  - b) Awareness of one's growing edges to develop in this ministry.
  - c) One's experience of call to and desire for this ministry.
- 6) Recommendation by the staff after successful completion of the program requirements and discernment by the staff with the individual.

*Co-Sponsored by Wheeling Jesuit College, Wheeling, WV  
Marshall University Graduate College, Huntington, WV  
Diocese of Wheeling-Charleston, WV  
Episcopal Diocese, Charleston, WV*

### TUITION:

*\$1,000.00 for each semester*



*ON-GOING*

*ASSOCIATE PROGRAM*

*FOR*

*SPIRITUAL DIRECTORS*

*2007-2009*

*The West Virginia Institute  
For Spirituality*

1601 Virginia Street, East

Charleston, WV 25311

*Phone:* 304-345-0926

*Fax:* 304-345-8206

*Email:* Wviscr@aol.com

[www.wvinstituteforspirituality.org](http://www.wvinstituteforspirituality.org)

### *Satellite Locations*

300 Woodhaven Drive, Apt. 2507

Hilton Head Island, SC 29928

*Phone:* 843-785-8550

*Email:* VMasters@aol.com

P.O. Box 3 Delaware

Water Gap, PA 18327

*Phone:* 570-476-8084

*Email:* bjarka923@msn.com

The West Virginia Institute for Spirituality is committed to the formation of competent spiritual directors. The On-Going Associate Program provides “hands-on” experiences of praying with scriptures, a holistic approach to spirituality, and the tools and skills to qualify them for the Ministry.

**DATES FOR ASSOCIATE PROGRAM IN SPIRITUAL DIRECTION**

**2007-2009**

**THEORY OF SPIRITUAL DIRECTION**

<u>2007</u>	<u>2008</u>	<u>2009</u>
Sept. 14-15	Sept. 12-13	Sept. 11-12
Oct. 19-20	Oct. 17-18	Oct. 16-17
Nov. 9-10	Nov. 14-15	Nov. 13-14

**DYNAMICS OF GROUP SPIRITUAL DIRECTION**

<u>2007</u>	<u>2008</u>	<u>2009</u>
Jan. 12-13	Jan. 11-12	Jan. 9-10
Feb. 9-10	Feb. 8-9	Feb. 13-14
Apr. 27-28	Apr. 11-12	Apr. 24-25

**ADVANCED PEER SUPERVISION**

<u>2007</u>	<u>2008</u>	<u>2009</u>
Sept. 21-22	Sept. 19-20	Sept. 18-19
Oct. 19-20	Oct. 17-18	Oct. 16-17
Nov. 16-17	Nov. 21-22	Nov. 20-21

**PRACTICUM BY APPOINTMENT**

**ON-GOING ASSOCIATE PROGRAM FOR SPIRITUAL DIRECTORS**

Each year in September, a new group of associated spiritual directors begin a three-part journey of development at The West Virginia Institute For Spirituality. A part-time program, it has for its purpose the preparing of spiritual directors for ministry in parish communities and religious congregations.

**The prerequisites include the following:**

- \*Two years of on-going spiritual direction on a one-to-one basis.
- \*BA degree or equivalent life experience.
- \*Sufficient knowledge in the areas of theology, scripture, psychology and the spiritual life.
- \*30 day directed retreat or full year 19th Annotation Retreat before or during program.
- \*Evidence of growth potential:
  - intelligence and ability to articulate one’s own journey;
  - simplicity and integrity/self-knowledge;
  - willingness to be of service to others founded on a sense of being called to this ministry; and
  - awareness of “movements of the spirits” within one’s self.
- \*Evidence of serous commitment to the program:
  - time/willingness to engage in study;
  - ability/readiness to name one’s own experience, reflect on it and speak of it; and
  - active participation in group and individual activities of the classes.

**Components**

- \*Individual supervision: (7) 90 min. sessions
- \*Peer group supervision: presentations
- \*Practicum: offering spiritual direction and the Ignatian Spiritual Exercises in groups and individual sessions
- \*Workshops on spiritual direction sessions
- \*Reading/discussion sessions
- \*Two 3 day retreats given
- \*Two discernment weekends
- \*An 8 day directed retreat developed

**FACULTY**

- Sr. Donna M. Beck, CSJ, Ph.D.,  
FAMI, Faculty, Supervisor
- Sr. Rose Ann Hefner, SSJ, LPC.,  
Supervisor, Spiritual Director
- Elizabeth Lambros, MSW,  
Group Supervisor
- Sr. Molly Maloney, OSF, M.A., LMT,  
Associate Director, Faculty, Supervisor
- Cynthia A. Neely, R.N., M.S., CPHQ,  
Faculty
- Robert J. McAteer,  
Registrar
- LaRee Naviaux, Ph.D.,  
Faculty, Supervisor
- Sr. Mary Pellicane, rc,  
Executive Consultant
- Fr. Bill Petro, M.A.,  
Director of Programming, Faculty, Supervisor,  
Spiritual Director
- Sr. Carole Riley, CDP, Ph.D., LPC,  
Fellow, Executive Director
- Rev. Karl Ruttan, Ph.D.,  
Faculty
- Rev. Diane Shoaf, Ph.D. (Cand.),  
Faculty
- Canon Debbie Short,  
Spiritual Director, Supervisor
- Dixie Stacy, R.N., M.A., M.S.,  
Faculty, Spiritual Director
- Rev. Mr. David Wuletich, R.N., B.A.,  
Supervisor
- Administrative Assistant*  
*Karen Richardson*
- Contact, HH Satellite*  
*Virginia H. Masters*
- Contact, PA Satellite*  
*Roxanne Kaiser-Antonowich*